Be part of our little steps' campaign - fundraise for littlelifts online

We understand that times are extremely challenging for many at the moment which is why we're appealing to those still able to help us to take 'little steps' in fundraising for vulnerable patients in the region still receiving chemotherapy treatment for breast cancer.

There are lots of fun ways to raise money online. Here are some ideas we've come up with to help you start planning:

### DO SOMETHING **SPORTY**\*

Run, walk, bike, swim, host an online yoga-athon or a 30-day challenge doing squats every day!

## DO SOMETHING FOODY

Host an online coffee morning or plan a bake off, organise your own 'virtual come dine with me' or cheese and wine night.

# DO SOMETHING CRAFTY Arrange a virtual knit and natter with some friends.

## DO SOMETHING WITH MUSIC

Host your own virtual gig or DJ set, singing lesson or organise a big sing-a-long.

# DO SOMETHING CHALLENGING Run a virtual guiz

## DO SOMETHING **GLAMOROUS**

Host a virtual cocktail party or organise a virtual black-tie dinner with your friends.

DO SOMETHING **OUTSIDE**\* A sponsored walk, run or bike

or bingo night.

## **DO SOMETHING** CULTURAL

Organise a virtual film night, book club or plan an expert speaker online event.

DO SOMETHING ARTY

Host an online art or drawing class.

### GET FUNDRAISING ONLINE You can set up your own fundraising profile at www.littlelifts.org.uk/get-involved or by dropping us an email at fundraise@littlelifts.org.uk. Don't forget to use your social media channels to help you fundraise, and tag us in so that we can help share your updates.

www.littlelifts.org.uk







\*adhering to government guidelines

Sponsorship form



### NAME AND DATE OF EVENT:

### NAME OF PARTICIPANT:\_\_\_\_\_

**GIFT AID DECLARATION:** If I have ticked the box headed '*Gift Aid*', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want littlelifts to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

REMEMBER: You must provide your full name, home address, postcode & tick Gift Aid for littlelifts to claim tax back on your donation.

NAME	ADDRESS	POSTCODE	AMOUNT	GIFT AID (PLEASE TICK)	DATE PAID
TOTAL DONATION	S RECEIVED	1		1	1
TOTAL GIFT AID D	ONATIONS				
DATE DONATIONS GIVEN TO LITTLELIFTS					

### www.littlelifts.org.uk



littlelifts is a registered charity in England and Wales (no. 1170737). Registered address: 4 Bawburgh Mill, Harts Lane, Norwich, NR9 3LS. FR-SPFweb - 20/05



little lifts

cut along the dotted line

l am raising funds for

little lifts

Tell the world you're fundraising for littlelifts with our DIY stickers. All you need is some scissors and glue, and you can stick these to your cuppa for that virtual coffee morning or pin to your finery during an online dinner party. Thank you for supporting us by using your own paper and printer, and remember to recycle.

www.littlelifts.org.uk

littlelifts.uk

littleliftsUK

littlelifts\_uk

littlelifts.org.uk



DIY bunting for fundraising

Add some colour to your fundraising and let everyone know you're supporting littlelifts with this DIY bunting. All you need is some scissors and string to spruce up your window or your videoconferencing backdrop. Thank you for supporting us by using your own paper and printer, and remember to recycle.

cut along the dotted line



