

little lifts

for people affected by
breast cancer



Little Lifts Champion

Role Description

What is Little Lifts?

In the UK, 55,000 women will be diagnosed with breast cancer every year, and 400 men. Our mission is to support everyone who faces chemotherapy and/or radiotherapy for breast cancer, by giving them a Little Lifts Box at the start of, or during, their treatment.

We support people undergoing chemotherapy and/or radiotherapy treatment for primary or secondary breast cancer by giving them a Little Lifts Box:

- In the East of England, our hospital partnerships ensure that every eligible person is reached.
- Elsewhere in England and Wales, people can apply to our 'Little Kindness Fund' to access our support (our response to the pandemic).

We understand that every person's experience of breast cancer treatment is different. That's why Little Lifts Boxes are full of items carefully selected to provide practical support, as well as mood-boosting goodies to promote emotional wellbeing – but it isn't just what's inside the Box that provides support. Recipients tell us that the sense of solidarity and kindness they experience is equally valuable.

We are an ambitious charity having already supported over **26,000** people since our launch in October 2017, and we are driven to support many more people with breast cancer in the years to come. Please visit [our website](#) to find out more.

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Our **Little Lifts Champion** role will involve helping to spread awareness and support for Little Lifts. Our Little Lifts community is wide and far fetching, with lots of amazing supporters fundraising and advocating for our work. We are looking for Champions to support us at events across Norfolk and Suffolk, to speak passionately about what Little Lifts does as well as thank people who have helped us to spread kindness.

If you feel passionate about what we do and feel confident going to organisations and communities to help spread the word about Little Lifts, we would love to hear from you. We are looking for people who are passionate, self-motivated and enthusiastic, who can use their initiative whilst being strong communicators. We are a small charity, so we need a volunteer who is a team player, as well as being able to work independently.

The role will involve travelling across Norfolk, Suffolk and occasionally further afield to different organisations and communities on either weekdays, evenings and weekends. We are looking for someone who can support us with up to 4 hours a month. We are aiming to have a small group of Champions that can go to events/talks together if needed. As well as creating a Little Champion group, who can help us with researching and finding organisations to engage with.

Tasks

- To represent Little Lifts in the wider community
- Help raise awareness of Little Lifts by sharing experiences as a volunteer for Little Lifts and raising awareness of what we do
- To talk to organisations about Little Lifts' impact
- To attend events representing Little Lifts
- Be happy to talk to the press where needed
- Support social media campaigns
- The tasks above are not exclusive and may include additional duties as needed

What you can expect from us

- We will provide you with training, so that you feel confident representing Little Lifts
- We will provide you with T-shirts, badge and Leaflets to represent Little Lifts
- You will be supported by staff or other volunteers until you feel confident in this role
- You will become part of a Little Lifts Champion group
- 0.20p per mile to claim on travel
- Induction session will take place on **27th March 2025, 5-7pm**

Interested? We'd love to hear from you!

Please fill out the following form so that we know your availability:

[Little Lifts Champion Form](#)