

Step into May

**Team Challenge
2026**

little lifts

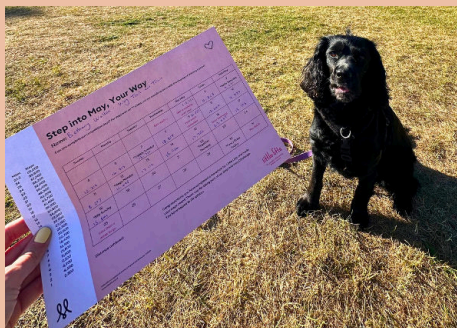
for people affected by
breast cancer

What?

We're asking you to get involved in our virtual challenge, Step into May, which will take place throughout May 2026.

Get a team together and complete a marathon in steps, your way! That's around 60,000 steps, and you can do this over the month, over a few days or in one go!

Each team member will receive a 'step calendar' in the post to track progress (it even includes some fun mini-challenges that can be completed to win a prize!).



Team Challenge

Together, team members can train, take steps, and raise vital funds to support our work. Upon registration, a team fundraising page will be created, which team members can share to help raise a minimum of £200 per team. We will also share your efforts across our social media to celebrate your support.

Benefits:

- Encourages teamwork (and a bit of healthy competition!)
- Supports wellness
- Makes a difference



Why this challenge?

Step into May and make your steps really count. We know the benefits of taking on a physical challenge, as it helps to boost both physical and mental health.

It is important to us that this challenge is accessible to as many people as possible, regardless of where they are in the UK or their physical capabilities.

We LOVE the idea of this event uniting communities—from work colleagues and customers to beneficiaries and their loved ones—all supporting those affected by breast cancer.

Together, we can raise awareness about breast cancer, raise vital funds for our support services, and create a lasting positive impact on people affected by breast cancer.

For more information or to register, [click here](#)

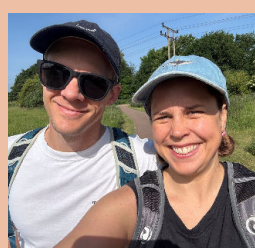


Be a part of something amazing



Last year, we hosted our first virtual steps challenge in five years, during which our amazing community raised over £10k!

Help us to raise even more this year so that we can support over 200 people facing treatment for breast cancer with a thoughtfully curated Little Lifts Box.



Why Little Lifts?

We're on a mission to provide free, thoughtfully curated Little Lifts gift Boxes to every breast cancer patient in the UK undergoing surgery, chemotherapy or radiotherapy treatment for primary or secondary breast cancer. Our work includes providing practical and emotional support to breast cancer patients and their families.



Breast cancer is the most common cancer in the UK. 55,000 women are diagnosed with breast cancer every year, and 400 men. There are 61,000 women living with secondary (incurable) breast cancer.



What is a Little Lifts Box?

We understand that everyone's experience of breast cancer treatment is different. Our Boxes are **carefully curated by people who have personal experiences of breast cancer treatment**, and we always choose planet-friendly, ethically made items where we can.

Each Box is hand-packed with love by a volunteer in our community, often by a woman who has benefited from our support.

But it's not just what's inside the Box that's important. Many people experience breast cancer treatment as a lonely and difficult time. Our recipients tell us that the sense of solidarity and kindness they experience when they receive their Little Lifts Box is just as valuable as the contents. Little Lifts Boxes ensure that no person faces surgery, chemotherapy or radiotherapy treatment for breast cancer unprepared or alone.



"This Box is not just a collection of items; it is a manifestation of compassion and understanding... In this Box, I found not just well-crafted essentials but a reservoir of hope, care, and the affirmation that I am not alone on this journey." - Saba, Beneficiary