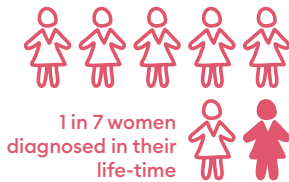


Hello, we're Little Lifts!



We're on a mission to provide free, thoughtfully curated Little Lifts gift boxes to every breast cancer patient in the UK who receives chemotherapy or radiotherapy treatment.



In the UK, 55,000 women are diagnosed with breast cancer every year, and 350 men. There are 36,000 women living with secondary (incurable) breast cancer.

HOW WE WORK

We support people undergoing chemotherapy or radiotherapy treatment for breast cancer by giving them a Little Lifts Box:

- In the East of England, our NHS hospital partnerships ensure that every eligible person is reached.
- Elsewhere in the UK, people can apply to our Little Kindness Fund to access our support.



little lifts

for people affected by
breast cancer

WHAT IS A LITTLE LIFTS BOX?

From a pain-easing heat pack to luxury body lotion, organic chocolate, and treats to aid relaxation, our Little Lifts Boxes are filled with premium goodies, and are hand packed with love, to support people through their chemotherapy and radiotherapy treatment. Each Box is packed with specially selected products to help relieve the side effects that might be caused by treatment, as well as mood-boosting goodies to promote emotional wellbeing.

Our Boxes are carefully curated by people who have personal experiences of breast cancer treatment, and we always choose planet-friendly, ethically made items where we can.



WE SUPPORT PEOPLE WHEN IT'S NEEDED MOST

“I found listening to the long list of side-effects chemotherapy could cause very difficult. The Little Lifts Box helped me to get ready for action and gave me a feeling of solidarity knowing that other women had trodden the same path before me and managed it.” – Liz

“Having a breast cancer diagnosis and preparing for treatment is an extremely difficult time. Receiving one of these Little Lifts Boxes provides a much-appreciated boost and makes a significant difference.” – Professor Erika Denton, Breast Radiologist and Associate Medical Director at Norfolk and Norwich University Hospital

GIVING A LITTLE, CHANGING A LOT.

Get involved and support our mission. Whether you're a business or an individual, there are a variety of ways you can get involved. From fundraising and sponsorship to giving up some time or even donating a product, you could make all the difference to people affected by breast cancer. We'd love to hear from you.

FIND OUT MORE

at littlelifts.org.uk or email us at hello@littlelifts.org.uk

 [littlelifts.uk](https://www.facebook.com/littlelifts.uk)  [littlelifts_uk](https://www.instagram.com/littlelifts_uk)  [littleliftsUK](https://twitter.com/littleliftsUK)